

JC Daniel Sacks Award for Outstanding Athletic Achievement

Performances 2020 - Girls

This list records a selection of significant track & field performances during 2020 by Jewish athletes between ages of 11 and 16

First name	Surname	DOB/Year Group	School	Club	Event	Perf	Indoor / Windy	Pos	Venue	Meeting	Date	UK Age Group Ranking
Katie	Barel	U15 (year 1)		Maccabi London	200	32.96	i	5	Lee Valley	Lee Valley New Year Open	01-Jan-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.47	i	2	Eton	Windsor, Slough, Eton & Hounslow AC Winter Series	01-Mar-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.55	i	4	Eton	Windsor, Slough, Eton & Hounslow AC Winter Series	01-Mar-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.59	i	4	Newham	Newham & Essex Beagles 60m Open Sprint Series	19-Feb-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.61	i	3	Newham	Newham & Essex Beagles 60m Open Sprint Series	19-Feb-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.68	i	2	Lee Valley	Lee Valley New Year Open	01-Jan-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.68	i	6	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.77	i	5	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	
Mirit	Berman	U15 (year 2)		Maccabi London	60	9.80	i	5	Lee Valley	Lee Valley New Year Open	01-Jan-20	
Mirit	Berman	U15 (year 2)		Maccabi London	LJ	3.64	i	8	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	
Mirit	Berman	U15 (year 2)		Maccabi London	LJ	3.28	i	16	Eton	Windsor, Slough, Eton & Hounslow AC Winter Series	01-Mar-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	200	30.59		5	Lee Valley	London Inter Club Challenge U15 / U17	15-Aug-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	200	30.74	i	2	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	200	31.21	i	6	Lee Valley	South of England AA U13 / U15 / U17 Championships	12-Jan-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	200	31.50	i	5	Lee Valley	Tri-Counties Championships (Kent, Hertfordshire & Middlesex)	14-Mar-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	200	32.27	i	6	Lee Valley	Lee Valley U13 / U15 Open	22-Feb-20	

Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	300	49.04		6	Chelmsford	South of England Covid Games	30-Aug-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	300	50.04	i	5	Lee Valley	Tri-Counties Championships (Kent, Hertfordshire & Middlesex)	15-Mar-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	300	50.46		5	Dagenham	Be Fit Today Track Academy Open	23-Aug-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	300	51.01	i	5	Lee Valley	Lee Valley U13 / U15 Open	22-Feb-20	
Lucy	Marcus	U15 (year 2)		Shaftesbury Barnet	300	51.55	i	6	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	60	7.79	i	1	Sheffield	England Athletics U15 / U17 / U20 Championships	22-Feb-20	4
Angelica	Mayer	U15 (year 2)		Giffnock North	60	7.79	i	2	Sheffield	England Athletics U15 / U17 / U20 Championships	22-Feb-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	60	7.82	i	4	Sheffield	England Athletics U15 / U17 / U20 Championships	22-Feb-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	60	7.86	i	2	Emirates Arena	Scottish National U13 / U15 / U20 Championships	01-Mar-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	60	7.95	i	2	Emirates Arena	Scottish National Open	18-Jan-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	60	8.01	i	1	Emirates Arena	Scottish National U13 / U15 / U20 Championships	01-Mar-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	60	8.12	i	1	Emirates Arena	Scottish Athletics Indoor League - Morning Match	12-Jan-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	60	8.16	i	1	Emirates Arena	Scottish National U13 / U15 / U20 Championships	01-Mar-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	25.31	i	1	Emirates Arena	Scottish Schools AA Championships	05-Feb-20	4
Angelica	Mayer	U15 (year 2)		Giffnock North	200	25.43	i	1	Emirates Arena	Scottish Schools AA Championships	05-Feb-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	25.47	i	3	Emirates Arena	Scottish National U13 / U15 / U20 Championships	01-Mar-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	25.51	i	1	Sheffield	England Athletics U15 / U17 / U20 Championships	23-Feb-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	25.56	i	4	Sheffield	England Athletics U15 / U17 / U20 Championships	23-Feb-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	25.83	i	1	Emirates Arena	Scottish Athletics Indoor League - Morning Match	12-Jan-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	26.14	i	3	Emirates Arena	Scottish National Open	18-Jan-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	26.26	i	1	Emirates Arena	Scottish National U13 / U15 / U20 Championships	01-Mar-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	200	26.38	i	1	Emirates Arena	Scottish Schools AA Championships	05-Feb-20	

Angelica	Mayer	U15 (year 2)		Giffnock North	200	26.84	i	1	Emirates Arena	Scottish National U13 / U15 / U20 Championships	01-Mar-20	
Angelica	Mayer	U15 (year 2)		Giffnock North	LJ	5.21	i	1	Emirates Arena	Scottish Athletics Indoor League - Morning Match	12-Jan-20	14
Angelica	Mayer	U15 (year 2)		Giffnock North	LJ	5.12	i	2	Emirates Arena	Scottish National U13 / U15 / U20 Championships	01-Mar-20	
Hannah	Pillemer	U13 (year 2)		Maccabi London	60	10.25	i	6	Lee Valley	Lee Valley New Year Open	01-Jan-20	
Hannah	Pillemer	U13 (year 2)		Maccabi London	60	10.28	i	3	Lee Valley	Lee Valley New Year Open	01-Jan-20	
Dina	Silverman	U13 (year 2)	Haberdashers Aske's Girls	Shaftesbury Barnet	60	9.10	i	4	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	157
Dina	Silverman	U13 (year 2)	Haberdashers Aske's Girls	Shaftesbury Barnet	60	9.11	i	3	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	
Dina	Silverman	U13 (year 2)	Haberdashers Aske's Girls	Shaftesbury Barnet	200	29.80	i	3	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	94
Dina	Silverman	U13 (year 2)	Haberdashers Aske's Girls	Shaftesbury Barnet	800	02:25.5		1	Dagenham	Be Fit Today Track Academy Open	23-Aug-20	9
Dina	Silverman	U13 (year 2)	Haberdashers Aske's Girls	Shaftesbury Barnet	800	02:26.6		1	Lee Valley	BMC Gold Standard Races	29-Aug-20	
Dina	Silverman	U13 (year 2)	Haberdashers Aske's Girls	Shaftesbury Barnet	800	02:35.3	i	3	Lee Valley	London U13 / U15 / U17 Games	26-Jan-20	
Ellie	Wolfenden	21.05.05		Sale Harriers	60	9.10	i	6	Sportcity	Sale Harriers Open Series	05-Jan-20	
Ellie	Wolfenden	21.05.05		Sale Harriers	PV	2.62	i	1	Cardiff	Vault Cardiff	08-Mar-20	37
Ellie	Wolfenden	21.05.05		Sale Harriers	PV	2.55	i	10	Sportcity	Sale Harriers Open Series	23-Feb-20	
Ellie	Wolfenden	21.05.05		Sale Harriers	PV	2.51	i	3	Sportcity	Vault Manchester	01-Feb-20	
Ellie	Wolfenden	21.05.05		Sale Harriers	PV	2.50	i	4	Sportcity	Sale Harriers Open Series	26-Jan-20	
Ellie	Wolfenden	21.05.05		Sale Harriers	PV	2.45	i	12	Sportcity	Sale Harriers Open Series	05-Jan-20	